



March 2023 Newsletter

TAYLOR PHYSICAL THERAPY

Who are we?

Taylor Physical Therapy is a medical practice employing physical, occupational, and speech therapists, as well as sport medicine professionals who proudly serve northeast Iowa. Through service, compassion, vision, and integrity, we take great pride in providing patients with rehabilitation services that are “Tailored” to meet their unique needs. At Taylor Physical Therapy, our mission is to provide therapy services in a manner that respects each patients’ dignity and right to courtesy, confidentiality, and compassionate care.

What do we provide?

Taylor Physical Therapy’s services are designed to treat a variety of disorders related to physical, cognitive, perceptual, and developmental disabilities regardless of age. Providers across all disciplines are experts in several specialized therapy services and techniques to ensure our patients get the best treatment and outcomes possible close to home.

Physical Therapy

- Chronic Pain
- Wound Care
- Concussion Management
- Scoliosis
- Lymphedema
- Women’s Health / Free New Moms Screen
- Orthopedics and Post-Operative Care
- Blood Flow Restriction (BFR) Training
- Functional Dry Needling
- Anti-Gravity Treadmill
- Graston Technique
- Aquatic Therapy

Occupational Therapy

- High Level Activities of Daily Living Assessment
- Driver Off Road Assessment
- Neurological Rehabilitation
- Upper Extremity Therapy/ Splinting
- Post-Operative Care for Upper Extremity
- Upper Extremity Lymphedema



Pediatric Therapy

Taylor’s comprehensive pediatric team includes physical, occupational, and speech therapists who incorporate play, family involvement, and one-on-one care into your child’s treatment plan. Pediatric therapists are specifically trained to improve the lives and daily function of children who suffer from a wide range of injuries, developmental delays, diagnosis, and healthcare needs. The comprehensive pediatric team can provide treatment for:

- Pediatric Bowel and Bladder Dysfunction
- Torticollis and Plagiocephaly
- Genetic Disorders
- Developmental Delay
- Sensory Processing
- ADD / ADHD
- Verbal Speech Skills
- Language Comprehension
- Feeding Therapy
- Cochlear Rehabilitation

Sports Medicine / Athletic Therapy

Taylor Physical Therapy proudly partners with numerous school districts to provide comprehensive sports medicine services to athletes. With the goal of making sports medicine services more accessible, an on-site athletic trainer is provided in various ways to help injured athletes get the help they need the most efficient and effective way possible. We currently provide athletic training services for the following schools:



- Aplington-Parkersburg High School
- Denver High School
- Janesville High School
- Nashua-Plainfield Schools
- Sumner-Fredericksburg High School
- Tripoli Schools
- Waverly-Shell Rock High School
- Waverly Shell Rock Middle School

Taylor Therapy offers one **FREE** injury evaluation per injury at **all clinic locations!** During that evaluation, a physical therapist will complete a thorough evaluation, provide treatment as indicated, and recommend follow up as needed. They will provide education to the athlete and parent, address questions or concerns, and communicate with coaches regarding practice guidelines and return to competition as needed.

In addition to the free injury evaluation, during the fall athletic season, a FREE Sports Injury Clinic is provided for all middle and high school athletes at Taylor Physical Therapy at Waverly Health Center from 7:30am-10am. During this time, a provider will complete a thorough evaluation and treat as indicated. A progress report will be provided for parents and coaches as well as injury related education for athletes so they understand their injuries. Check the website this summer for specific clinic dates.

Visit our website at taylorphysicaltherapy.com to learn more about the various specialty services offered and how Taylor Therapy can continue to meet the needs of your patients!

Our locations

Denver Clinic

121 Tower Street, Denver, IA
Phone: 319-406-0185

Parkersburg Clinic

1306 Highway 57 Suite B, Parkersburg, IA
Phone: 319-346-9783

Waverly Clinic at Waverly Health Center

312 9th Street SW, Waverly, IA
Phone: 319-352-5644

Nashua Clinic

80 Amhearst Blvd. Suite 300, Nashua, IA
Phone: 641-435-4476

Sumner Clinic

1014 West 1st Street, Sumner, IA
Phone: 563-578-5125