



TAYLOR
PHYSICAL THERAPY

**August 2023
Newsletter**



NEW SERVICE: BASELINE CONCUSSION TESTING FOR THE GENERAL PUBLIC

Taylor Physical Therapy is proud to be providing baseline concussion assessments to the general public, aimed towards our youth student-athletes involved in competitive and recreational sports! Our goal is to help you gather information *now* to help with recovery *later*.

What is it?

Baseline concussion testing consists of gathering objective data on an individual's brain health, which then allows us to more thoroughly assess and recognize a potential future concussion, as well as give our team more data in guiding return-to-play progressions in the case a concussion does occur.

How does it take place?

Our athletic training and sports medicine staff will take your sons and daughters through baseline concussion testing utilizing Sway Medical, a platform created to test, organize and store baseline concussion data that can then be utilized in the case of a future head injury. Your son or daughter will download the "Sway Medical App" on their phone to perform the testing. The assessment consists of a series of tests which will gather information on your child's balance, cognition, reaction time, inspection time, and impulse control.



Destry Sperflage, ATC, CSCS



Logan Battreall, ATC, NASM-CES

AUGUST 2023 NEWSLETTER: BASELINE CONCUSSION TESTING



Waverly Health Center at
Tendrils Rooftop Garden



Thursday, August 31st
Thursday, September 7th



7 p.m.

**Please arrive at least 15 minutes early with the Sway Medical App already downloaded on your personal phone*



\$30/individual

Who is eligible to sign-up for baseline concussion testing?

Our baseline concussion testing is offered to anyone currently in 7th grade or older! Candidates include athletes that participate in recreational sports such as rugby or club soccer as well as middle and high school sponsored activities such as football or volleyball. Testing is inclusive to all sports, not just those considered high risk or occur in the fall season. We are happy to baseline test any athlete that reside in or near communities we serve, including Waverly, Denver, Nashua, Sumner, and Parkersburg.

Please note, currently all our high school student-athletes at Waverly-Shell Rock High School and Aplington-Parkersburg High School complete this testing with our athletic trainers at their respective schools, so there would be no need for your HIGH SCHOOL student enrolled at those schools to register for baseline concussion testing. Testing for student-athletes at W-SR and A-P is coordinated and carried out on your respective high school campus between your athletic trainers and your coaching staffs. Students enrolled in middle school at these schools remain candidates for our program!



REGISTER NOW!

Taylor Physical Therapy

Waverly (319) 352-5644 • Nashua (641) 435-4476 • Parkersburg (319) 346-9783
Sumner (563) 578-5125 • Denver (319) 406-0185

taylorphysicaltherapy.com •  Taylor Physical and Occupational Therapy