

WAVERLY HEALTH CENTER TAYLOR THERAPY SERVICES

HIGH LEVEL ADL/DORA FEBRUARY 2023

Taylor Physical Therapy is excited to announce the expansion of two valuable services, the **High Level Activities of Daily Living Assessment** (High Level ADL) and **Driver Off-Road Assessment** (DORA), to all clinic locations! With both assessments previously only offered at Waverly Health Center, it quickly became clear that we were failing to meet the needs of patients who are limited in their ability to travel. Offering both services at the Nashua, Sumner, Parkersburg and Denver Taylor Therapy clinics, in addition to at Waverly Health Center, will not only allow improved access for patients but will also provide the opportunity for physicians to utilize the insight gathered from the High Level ADL and DORA when making, what can be, life-changing decisions for their patients.

Utilize the table on the back to determine what assessment will help you meet your patients' needs!

Meet The Therapists

Taylor Therapy's team of compassionate occupational therapists are equipped with the skills and knowledge to complete both the High Level ADL and DORA. Their patient and detailed disposition will ensure the patient feels comfortable completing the assessment and that the comprehensive report is completed in a timely fashion.

Please contact the Taylor Physical Therapy at Waverly Health Center, or clinic nearest your patient, at any time to inquire about potential patients or questions related to the High Level ADL or DORA. Please visit our website for additional information and resources related to these and other services.



Sara Hennessy, OTR/L, CLT
Waverly Health Center,
Denver Clinic, Sumner Clinic



Bailie Schipper, OTR/L
Waverly Health Center,
Parkersburg Clinic



Margo Jebe, OTR/L
Waverly Health Center,
Nashua Therapy

How do I make an appointment?

For more information or to schedule an appointment, call
Taylor Therapy Associates at one of our locations:

Waverly Health Center
(319) 352-5644

Denver Clinic
(319) 406-0185

Parkersburg Clinic
(319) 346-9783

Nashua Therapy
(641) 435-4476

Sumner Clinic
(3563) 578-5125

High Level ADL Assessment	DORA (Driver Off-Road Assessment)
<p>Vision Assessment:</p> <ul style="list-style-type: none"> - Visual fields - Depth perception - Peripheral vision 	<p>Vision Assessment:</p> <ul style="list-style-type: none"> - Visual Confrontation Test (Visual fields) - Snellen chart - Visual tracking
<p>Physical Assessment:</p> <ul style="list-style-type: none"> - Neck AROM - Upper and Lower Extremity AROM - Upper and Lower Extremity Strength 	<p>Physical Assessment:</p> <ul style="list-style-type: none"> - Motricity Index (Pinch, elbow, shoulder, ankle, knee, hip) - BERG Balance Assessment - Lower Limb Proprioception screen - Right heel pivot test
<p>Cognitive Assessment:</p> <ul style="list-style-type: none"> - MoCA - Cognitive screen to detect mild cognitive impairment - Trail Making Test - test of visual attention and task switching - Motor Free Visual Perception Test - tests visual perception independent of motor ability - Contextual Memory Test - assesses self awareness, self efficacy, self perception recall and strategy - Cognitive Performance Test - assesses functional cognition 	<p>Cognitive Assessment:</p> <ul style="list-style-type: none"> - OT Drive home maze test - test of attention, visuoconstructional ability and executive functions of planning and foresight - Road law and Road craft test - Mini-Mental Status Examination - screening tool to assess cognitive performance
<p>RT-25 Reaction Time Tester: Tests accelerator to brake reaction time</p>	<p>RT-25 Reaction Time Tester: Tests accelerator to brake reaction time</p>
<p>Appropriate candidate for this assessment: Appropriate referral for this assessment would include individuals who have had a cognitive/memory decline and input is needed on their ability to maintain independent living.</p>	<p>Appropriate candidate for this assessment: Appropriate referral for this assessment would be individuals purely concerned about their ability to continue to drive safely.</p>
<p>Insurance coverage: Insurance coverage IS an option for this assessment IF patient has an appropriate diagnosis including cognitive decline (R41.81), memory deficit (R41.3), mild cognitive impairment (G31.84), cognitive deficits following cerebral infarction (I69.319), memory deficits following cerebral infarction (I69.911). This assessment can be completed as a cash pay service if indicated but a supporting diagnosis is not present.</p>	<p>Insurance coverage: Insurance coverage is NOT an option. This evaluation tool is offered as a PRIVATE PAY option only.</p>

This institution is an equal opportunity provider and employer.

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